

Step Therapy Proposal
Stimulants for Adults (age 21 and older)
(Draft)

Prior authorization for stimulants for members over 21 years of age requires:

1. Documented diagnosis of ADD or ADHD
2. Goals of therapy-Clear goals of therapy from prescriber (Can include academic/work enrollment)
3. If members have one of the following diagnoses, a trial of Strattera for thirty (30) days is required before another stimulant will be authorized.
4. A trial of Strattera and a long-acting stimulant is required before a short acting stimulant will be approved.

Condition	Submitted ICD-9 Diagnosis	History Date Range
Alcohol-induced Mental Disorders	291-291.9	730 days
Drug induced Mental Disorders	292-292.9	730 days
Alcohol Dependence Syndrome	303-303.9	730 days
Drug Dependence	304-304.9	730 days
Alcohol Abuse	305.0	730 days
Cannabis Abuse	305.2	730 days
Hallucinogen Abuse	305.3	730 days
Sedative, Hypnotic or Anxiolytic Abuse	305.4	730 days
Opioid Abuse	305.5	730 days
Cocaine Abuse	305.6	730 days
Amphetamine Abuse	305.7	730 days
Other or Unspecified Drug Abuse	305.9	730 days

There are currently 2,084 members over age 21 on stimulants. Twenty six of them are on Strattera.